DUBROVNIK – CROATIA

03.05.2026 – 07.05.2026

"Prevent Bullying and Cyberbullying in Schools"

Erasmus+ Staff Mobility - Course provider: Erasmus+ Courses Croatia (MAKSIMA TTC)

Course description

The course focused on proactive prevention of bullying and cyberbullying, early recognition of warning signs and appropriate intervention. It explored recurring aggressive behaviour, its causes and consequences, and ways to create a safe, respectful and inclusive school environment. The programme addressed conflict resolution, peer relationships, mindfulness, critical thinking, problem-solving and case studies, including the use of art-based activities as supportive educational tools.

Learning objectives

- Understand aggressive behaviour, its causes and effects, and prevention and response protocols.
- Recognise signs of bullying in both victims and aggressors and apply suitable responses.
- Explore conflict-resolution strategies and develop healthier peer relationships.
- Use mindfulness, critical thinking and problem-solving to promote inclusion, acceptance and respect.
- Analyse case studies and explore art-based activities as supportive tools.

Methodology and assessment

The provider describes an interactive, practice-oriented approach involving collaborative activities, case studies, reflection and feedback. Assessment is continuous and considers preparation, engagement, listening, questioning, discussion, problem-solving and teamwork. Recognition requires at least 80% attendance.

Five-day thematic programme

The following day-by-day arrangement is an editorial reconstruction based on the provider's published course content; it is not a verified timetable of the May 2026 session.

DAY 1 – 3 MAY 2026 | Understanding bullying

The participants explored the nature of bullying and recurring aggressive behaviour, examined its causes and effects, and discussed the importance of early prevention and a safe school climate.

DAY 2 – 4 MAY 2026 | Recognition and response

The participants considered early warning signs in victims and aggressors, analysed case studies and explored appropriate intervention and response protocols.

DAY 3 – 5 MAY 2026 | Cyberbullying and school safety

The participants examined cyberbullying as a form of harmful behaviour, discussed its effects on pupils and considered preventive responses and safer relationships in digital contexts.

DAY 4 – 6 MAY 2026 | Conflict resolution and inclusion

The participants explored conflict-resolution techniques, mindfulness, critical-thinking and problem-solving activities that foster acceptance, inclusion and respect.

DAY 5 – 7 MAY 2026 | Practical application and evaluation

The participants considered art-based supportive activities, reflected on strategies for a positive school environment and identified ways to adapt the learning to their own school context.

Expected learning outcomes and transfer

The training strengthened teachers' capacity to recognise and prevent bullying and cyberbullying, respond appropriately to harmful behaviour, support positive peer relationships and promote a respectful, inclusive learning environment. These approaches can inform school-level prevention activities and professional exchange.